



# Hero 5k Walk/Run

Saturday, September 7, 2024

El Dorado Conference Center  
300 South West Avenue  
El Dorado, AR 71730

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

circle:

Runner Divisions: 70+, 60-69, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 25-29, 20-24, 15-19, 10-14, 0-9

Walker Division (All walkers, regardless of age and gender, are considered one division)

**Pre-registration: \$30**

(Postmarked by 8/28/24)

**Late/Race Day: \$35**

(After 8/28/24)

Goody bag for all. **Must register by Friday, August 30th to guarantee t-shirt.**

Start Time/Location: 7:30 a.m., Corner of E. Cedar St. and S. Jefferson Ave.

(107 East Cedar St., El Dorado, Arkansas)

Race day registration and packet will be available 6:15 a.m.-7:15 a.m. @ start location.

Award Ceremony: 8:30 a.m. @ the Main Stage

**RULES ARE POSTED ONLINE**

ONLINE Registration: [www.southarkexpo.com](http://www.southarkexpo.com)

Registration: Administration Building - park in Heritage Plaza

(SouthArk Foundation Offices are located on the 2nd floor, Suite 209, 870-864-7130)

Please make check payable to: SouthArk Foundation

In consideration of your accepting this entry, I release, for myself, for my heirs, executors, and administrators, all parties involved in the planning or staging of this Hero 5K Run/Walk (including their representatives, officials, and sponsors) from, and hereby waive, any and all claims, demands, liabilities, damages, or causes of action of any nature whatsoever, including claims for death, injury or illness arising out of my participation in the Hero 5K Run/Walk, I attest and verify that I am physically fit and have sufficiently trained for this event. Further, I hereby grant full permission to any and all of the foregoing to use my photograph or any other record of the event for any legitimate purpose. This entry is invalid unless signed by entrant. If entrant is under 18 years of age, parent or guardian must sign. The official race director reserves the right to reject any entry.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature if under 18 years of age: \_\_\_\_\_ Date: \_\_\_\_\_